



## Board meeting report from Catholic Student Trustee, Alexa Meeson

### Student Trustee Report - November 1, 2016

A teacher at St. Mary Catholic High School, Cathy Easter, began a Half Marathon class in 2012, to demonstrate to students about nutrition, health, and the thrills of running. The Half Marathon course is open to Grade 11 and 12 students attending St. Mary. The students use the required period to train for the run.

Brian Carroll, also a teacher at St. Mary CHS, is in charge of the Multiple Exceptionalities Program (MEP). He was having a conversation with a parent suggesting the possibility that their child could take the Half Marathon course one day. Mr. Carroll took this initiative very seriously and got funds from community agencies to buy bikes for the students in MEP class. Throughout the second semester the students trained very hard, so they could be able complete the Half Marathon in June 2016.

The day came for the MEP students to participate on their bikes with the other students, in the Half Marathon course. Mr. Carroll pushed one of his students along the track, as he ran, so the student could complete the marathon as well. Due to the success of the Half Marathon course for the MEP students, Mr. Carroll has developed many exciting ideas for his students in the near future.

### Student Trustee Report - November 15, 2016

As the fall sports seasons are coming to an end, our Board is experiencing high success, both in the elementary and high school ends. St. John Bosco Catholic School attended a soccer tournament in Gananoque. The team is proud to announce that they went undefeated, not letting in one goal against. The St. Mary Junior and Senior Boys volleyball team advance to EOSSA, as they won the LGSAA title on November 9th. As well, the St. Mary varsity football team went into the LGSAA finals against Gananoque as the underdogs, and came out of the game as the champions. St. Francis Xavier Senior Girls Basketball Team won the championship game 50-35! The St. John Spartans fell short to Arnprior in their championships but stated that they had an unforgettable, and one of their best years.

As a wrap, all of our schools have competed well, and more importantly, when I contacted the team members, they all reminisced that they had a fun season with great teammates. The next round of sports are now in full swing and schools across the Board are now training for their next seasons.

Students from across the board attended National We Day at the Canadian Tire Centre on November 9th. A grade 12 student from St. Mary's in Brockville, Joshua May, was recognized for his continuous work for social justice, at the school and in the community. Added to his special award, Joshua was acknowledged by the lead singer of Hedley, and was given one of the one-thousand RBC \$150 "Make it Count" gifts.

St. Francis de Sales Catholic School had a Hat for Haiti day on November the 4th. On November 2nd, grade 9 students across the Board got an insight to a possible future career, as they participated in "Take Your Kid to Work Day."

Many schools gathered on November 11th, in various activities such as mass, to remember those who have fought for our country. The students and staff at Holy Trinity wore purple on November 10th to raise awareness of breaking the silence of child abuse. A quote that stood out to me on We Day was; "Our lives begin to end the day we become silent about things that matter." It is evident through our students actions that they are striving to better our communities and furthermore our world.