

St. Michael Athletics: Team/Club Regulations

1. The coach is in charge of this team, and is to be respected at all times.
2. The program is open to all high school students that are serious about wanting to play, have fun and improve their skills. **If required, a fair tryout will be held.**
3. Attendance is mandatory, and a strong commitment is expected. A player must be present at the majority of practices. You must decide what your priorities are, as we are looking for committed individuals. Players may be asked to leave the club, if they cannot make enough practices. **As a general rule**, "if a player misses two practices and/or games in a row, without notifying the coach, he/she may be dismissed".
4. All athletes are to sign an **Athlete Contract**. This contract outlines privileges and responsibilities of athletes. It also mentions that athletes should be "aware that all players on competitive teams do not get equal playing time.
5. All members are expected to help set up and put away the equipment.
6. All players attending a competition will be required to pay a mandatory athletic registration fee to St. Michael CHS.
7. Players are not allowed in the gym until a teacher is present, willing to supervise them.
8. Your coach will keep you informed of upcoming competitions and practices. A practice schedule will be posted in the gym area. It will be your job to check this schedule weekly, and notify the coach if you cannot attend. Also, pay close attention, as changes may be made. **Your coach has the final say as to when your team will be practicing.**
9. Players serious about competing are encouraged to attend all practices.
10. A player will not be allowed to play until the proper forms and fees are returned.
11. Players forgetting their uniforms will share another student's uniform, or they will sit out until they bring their uniform in. Should a player lose a shirt during the season, he/she will have to pay for it before being given another shirt (assuming another shirt is available). Students will not be given shirts from other teams because they forgot a shirt at home (You are expected to be responsible!).
12. All athletes must be aware that academics are the main priority at school. You are expected to work to your full potential. Failure to do so may result in suspension from athletic participation. Also, athletes must follow the St. Michael Code of Conduct as well as the Code of Conduct for the school board, LGSSAA, EOSSAA, and OFSAA.